



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR ELEMENTARY SCHOOLS
JANUARY 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	1 WINTER/CHRISTMAS BREAK	2 WINTER/CHRISTMAS BREAK	3 WINTER/CHRISTMAS BREAK	4 WINTER/CHRISTMAS BREAK
7 Hot Pepperoni Pizza Chilled Fruit Tasty Marinara Sauce OR Salsa Whole Kernel Corn Chewy Oatmeal Cookie	8 Homemade Meatloaf Chilled Fruit Fresh Crisp Carrots Creamy Mashed Potatoes OR Potato Rounds OR Hot French Fries Fresh Baked Roll OR Bun Fudgy Brownie OR Rice Krispie Treat	9 Crispy Fish Strips OR Fried Catfish Chilled Fruit Gelatin Fresh Broccoli Bites Creamy Mashed Potatoes OR Baked Potatoes OR Potato Salad Fresh Baked Breadstick	10 Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	11 National Milk Day Delicious Chicken Tenders Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast
14 Breaded Pork Chop Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Texas Toast	15 Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Stick	16 Chinese Orange Chicken Chilled Fruit Fresh Crisp Carrots Fresh Crisp Celery Sticks OR Cauliflower Florets Fluffy Rice Texas Toast	17 Pig-in-a-Blanket Chilled Fruit Hot French Fries OR Crispy Potato Rounds Bayou Baked Beans Fresh Baked Wrap OR Bun Gelatin	18 Grilled Cheese Sandwich Chilled Fruit Whole Kernel Corn Garden Green Salad Fresh Chocolate Chip Cookie
21 MARTIN LUTHER KING HOLIDAY	22 Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	23 Baked Chicken Frozen Fruit Cups Crisp Carrots OR Sweet Potato Casserole Yellow Squash OR Zesty Cucumber Slices Fresh Baked Breadstick	24 Breezy Beefy Mac Chilled Fruit Seasoned Green Peas Fresh Crisp Carrots Texas Toast Fudgy Brownie	25 Classic Chicken Sandwich Bayou Baked Beans Chilled Fruit Crisp Green Lettuce Crispy Potato Rounds OR Hot French Fries Fresh Made Oatmeal Cookie
28 Chinese Orange Chicken Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Florets Rice Texas Toast	29 Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Stick	30 BBQ Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit	31 Mini Cheese Ravioli w/Mariana Frozen Fruit Cup Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick OR Sub Roll Cake OR Cupcake	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese OR Sunbutter and Jelly Sandwich

This institution is an equal opportunity provider. Menus are subject to change.