



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR ELEMENTARY SCHOOLS
OCTOBER 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Sweet Potato Casserole OR Creamy Mashed Potatoes	3 Pig-in-a-Blanket Chilled Fruit Crispy Potato Rounds OR Hot French Fries Bayou Baked Beans Gelatin	4  National Taco Day Beef Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	5 Italian Meat Sauce w/Pasta Chilled Fruit Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick Moist Yellow Cake w/ Icing	6 PARISH FAIR HOLIDAY
9	10	11	12	13
NATIONAL SCHOOL LUNCH WEEK - Recipes for Success				PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
Delicious Chicken Tenders Chilled Fruit Garden Green Salad Fresh Cauliflower Bites Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	Beef Nachos Chilled Fruit Garden Green Salad Salsa Fresh Baked Breadstick OR Tortilla Chips	Fried Catfish or Fish Sticks Chilled Fruit Gelatin w/Fruit Bayou Baked Beans Creamy Mashed Potatoes OR Baked Potato Fresh Baked Breadstick	NATIONAL GUMBO DAY Chicken Gumbo w/Rice Chilled Fruit Fresh Carrots Fresh Squash Fresh Cucumbers School Made Roll Fudgy Brownie 	
16 Dipping Chicken Nuggets Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Broccoli Cheese Rice Casserole OR Rice w/Gravy Texas Toast	17 NATIONAL PASTA DAY Breezy Beefy Mac Cran-raisins OR Fruity Raisins Green Peas and Fresh Crisp Carrots Texas Toast Fudgy Brownie 	18 Finger Lick'n Roasted Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit	19 Mini Cheese Ravioli OR Meatball Sub Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Cake OR Cupcakes	20 Homestyle Hamburger OR Cheeseburger Chilled Fruit Bayou Baked Beans Crisp Green Lettuce Crispy Potato Rounds OR Hot French Fries Chocolate Chip Cookie
23 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	24 Chicken Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	25 Red Beans w/Sausage Frozen Fruit Cups Fresh Crisp Carrots or Vegetable Juice Sweet Potato Casserole Fresh Baked Breadstick Fluffy Rice	26 Hot Pepperoni Pizza Chilled Fruit Tasty Marinara Sauce OR Salsa Whole Kernel Corn Chewy Oatmeal Cookie	27 Homemade Meatloaf Fresh Broccoli Bites Creamy Mashed Potatoes OR Potato Rounds OR Hot French Fries Fresh Baked Roll Fudgy Brownie OR Rice Krispie Treat
30 Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Sweet Potato Casserole OR Creamy Mashed Potatoes Texas Toast	31 Hot Dog OR Pig-in-a-Blanket Chilled Fruit Crispy Potato Rounds OR Hot French Fries Bayou Baked Beans Gelatin		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. **Menus are subject to change.**